Profile
Budget Dinner Battle

Tharaleisha Laurent

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Tags

booked

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Submission Details

Budget Dinner Battle
Submitted on May 10, 2023, 01:08PM

1 **First Name**
Tharaleisha

2 **Last Name**
Laurent

3 **Email**
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4 **Phone #**
5164286539

5 **Residing City**
Los Ángeles

6 **Residing State**
California

7 **Website (if applicable)**
No response

8 **Instagram (if applicable)**
Lebelle_exp and Tharalicious

9 **Facebook (if applicable)**
No response

10 **Tik Tok (if applicable)**
No response

11 **Occupation**
Nurse

Write a mini bio about yourself. This is a chance for us to get to know you! Please include where you are originally from, who is in your life, what you do, and what is important to you.

12 I am a travel nurse originally from NY currently enjoying Los Ángeles culture. Family , new experiences and learning new cultures are important to me.educating people on food is also important to me. Im not a gatekeeper. I love sharing my knowledge to people for the better good.

Please tell us about your current living situation. (ie. - do you live with a roommate(s), family members, etc?)

13 I live alone

How would you rate your cooking skills (on a scale of 1-10 / 10 being the best!) Explain your answer.

14 I would say a 7 . I have many years if experience but there is always room to improve. Im constantly learning a new cooking skill and new recipes from different cultures

How often do you cook for other people? Explain. (How often, how many people, who is it that you usually cook for?)

15 I cook alot. Every opportunity i have i live feeding my family and friends.Its my love language. I can cook for up to 20 people if im doing a sit down dinner or buffet dinner or brunch.

Tell us about a meal you are particularly proud of making. Why does this one stand out for you?

16 I love making lollipop lamb chops and creamy garlic mashed potatoes. This stands out to me because i marinate the lamb in herbs seasoning that is very dear to my culture. Gives you a taste of home . Just think of eating lamb at a steak house on an island. This was also one my comfort dishes i would make during covid after working long shifts

This show is all about cooks who have a talent for cooking on a budget. Tell us about your ability to create food on a budget. How did you learn?

17 I used to be a personal grocery shopper so i learned how to buy items on sale and watched alot of cooking shows on cooking network that displayed this skill

Was there a specific event in your life that led you to acquire this skill?

18 Working in a grocery store. When i first started cooking i was make $7.25 at my first job and i learned how to take some of my paycheck to be creative in the kitchen and feed atleast 3-4 people.

What are the top tips or tricks that you have picked up along the way that you routinely use when cooking on a budget? Please explain. *

19 Buy sale. Alot of the brands are white label. Sometime you get just as good quality with a store brand. And plan. Go to the store with a list of what you need for a recipe. And check what you have at home. Sometimes we have most of what you need , which gives you the opportunity to spend a little more on fresh vegetables and meats. Shopping at trader joes is also a big help. When shopping look for the mark down meats and vegetales. They are good just sometimes you have to use them that day. The store just wants to sell them fast before they expire

What dish are you known for? Tell us about it!

20 My lamb chops and mashed potatoes. Just cause i make it alot. But my friends and family enjoy all my meals. I always switch it up

Have you ever appeared in television programs, films, webisodes, commercials or advertisements of any kind? If so, please provide the project name, where it aired, and the approximate date(s) of airing.

21 None

Do you have any food allergies we should be aware of?

22 None

Please upload a non-professional photo of yourself where we can see you clearly. (no sunglasses or hats)

23

Click to enlarge

(download image)

Are you currently vaccinated for Covid-19?

24 Yes

Applicant Release

25 Agreed on 05-10-2023

I have read, understand, and agree to be bound by all of the terms and conditions of this Agreement. This Agreement cannot be terminated, rescinded or amended except by an agreement signed by both me and Producer. I UNDERSTAND THAT I AM GIVING UP CERTAIN LEGAL RIGHTS UNDER THIS AGREEMENT, INCLUDING, WITHOUT LIMITATION, MY RIGHT TO FILE A LAWSUIT IN COURT WITH RESPECT TO ANY CLAIM ARISING IN CONNECTION WITH THIS AGREEMENT.

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Tharaleisha laurent
Signed on 05-10-2023

Notes

Notes added here will not show up on deck comments

May 10, 2023, 05:49PM

July 30-Aug 3 date conflict

Janae Williams