



## Profile

The Gentle Art of Swedish Death Cleaning



## Kim Borchert

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## Submission Details

**The Gentle Art of Swedish Death Cleaning**

Submitted on May 17, 2023, 02:17PM

1 **Are you nominating someone for this (NOMINATOR) or are applying to be considered yourself (HERO)?**

HERO

2 **First Name**

Kim

3 **Last Name**

Borchert

4 **Email**

[kimborchert@gmail.com](mailto:kimborchert@gmail.com)

5 **Phone Number**

5125742789

6 **City**

Cedar Park

7 **State**

Texas

8 **IF YOU ARE NOMINATING SOMEONE, please tell us the following about that person: NAME CITY of residence STATE of residence EMAIL PHONE**

n/a

9 **Please give us a short bio about yourself (or the person you are nominating). Include occupation, family life, and hobbies.**

I am a birth & postpartum doula, childbirth mentor, teach childbirth classes, and mentor new doulas. I co-own Austin Doula Care, a doula collaborative agency in Austin, TX. I am also the Mom of 6 (5 living) children and the wife of a pretty great guy. I love to read, knit, and am an amateur potter.

10 **Why are you interested in going through the process of Swedish Death Cleaning? (or why is the person you are nominating in need of this process?)**

At the age of 35 I started to really question my life. Having grown up Mormon, I was all in. I went to the Temple at 18, served a mission, got married in the Temple at 24 and had 6 babies in 10 years and I was questioning everything surrounding what I had been taught and believed. 3 years later, I realized I did not believe and made the decision to step away from the mormon church. The catalyst for this change was my oldest son coming out as "not straight" to my husband and I. I knew that was not a safe place to raise Queer kiddos and my job as a Mom is to protect my children.

I am interested in this process because my husband and I still have boxes and boxes of Mormon things and while it is our history, we have worked really hard to ensure it is not our children's history. We want to get rid of all of this so our children don't have to wonder what to do with all of this someday.

I also love the idea of the energetic healing and clearing that comes through thoughtfully saying goodbye to that part of our lives.

Also - learning how to let go of things is really something I'm looking forward to. As a Mormon, you are taught to keep things for "posterity". So I tend to keep everything I can, especially things my children have made me, just in case someone in the far distant future wants to learn more about us. It was so ingrained as a Mormon, that it is very hard to let go of.

**Are you currently in a time of transition in your life? (i.e. - downsizing to a smaller home, recently divorced, newly an empty nester, in your later years and wanting to cleanse your things before you pass on, etc.?) Please explain.**

11 The major transition is that while we legally have resigned from the church, it still lives in our closet and we are ready to get rid of it.

**Who is currently living in the home that would be "death cleaned?"**

12 Myself, my husband Jeremy, our children; Seth, Amelia, Liberty, Elliott, and Zachary, and our 2 cats, Oreo and Maggie

**NOMINATORS ONLY: Please tell us how you know the person you are nominating. (What is the nature of your relationship, how long have you known each other, etc?)**

13 No response

**What kind of dwelling do you (or the person being nominated) live in?**

14 Single Family Home

**Do you (or the person being nominated) own or rent the property?**

15 OWN

**What is the approximate square footage of the dwelling?**

16 3000

**Is there a move out of this current dwelling anticipated in the next 6 months? Please explain in detail.**

17 Not unless our 18 year old figures out how to move out!

**Has this dwelling ever been de-cluttered? Please explain in detail.**

18 Not really. We have had house cleaners from time to time, but that is all surface level. Jeremy hates clutter and will do his best to de-clutter once a year, but it is hard because I hold onto everything.

**Paint us a picture of this current living situation? (i.e. - is it overly cluttered, is it neat as a pin, are there messes hiding behind closed doors?)**

19 When we clean, it looks clean to the outside world. The clutter lies in closets, behind closed doors, ie all bedrooms, in the pantry, etc.

**Please upload a current photo of the EXTERIOR of the house where the death cleaning would take place.**



20

[Click to enlarge](#)

(download image)

**Eligibility Requirements and Release**

21 Agreed on 05-17-2023

**If you agree with the release language above, please sign below**

22

Kimberly Borchert  
Signé le 05-17-2023

## Notes

Notes added here will not show up on deck comments

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